ABSTRACT OF THE DISCLOSURE

A thin plastic element has a flat central region provided with a plurality of spaced apart radially extending fingers which extend from the region and define the outer edge of the element. These fingers are arranged into first and second finger sets, each set containing a like number of adjacent fingers. Each two adjacent fingers are separated by an-intermediate-radially-extending slot-which-extends—from-the central-region to the outer—edge. Each finger has an enlarged outer end so that the width of each slot is reduced at these enlarged ends and is otherwise itself enlarged. The outer ends of the first set of adjacent fingers are disposed at discrete positions along a circular arc. The outer ends of the second set of adjacent fingers are disposed at discrete positions along a straight line.